

CALIFORNIA INTERNATIONAL MARATHON

EXPO SPEAKER SCHEDULE

FRIDAY, DECEMBER 4

1:00 p.m.

How to Run the CIM: Expert Panel Discussion

Moderator:

Deirdre Fitzpatrick KCRA News Anchor, 10-Time CIM Finisher, SRA Board Member, Ironman Finisher

Experts:

Eli Asch CIM Race Director

Charlie Brenneman 4-Time CIM Finisher, Top Local Finisher 2010, SRA/CIM Official Training Program Coach

Rich Hanna 2:17 Marathoner, 2-Time National 100K Champion, CIM 50+ Age Group Record Holder, 10-Time CIM Finisher

Karyn Hoffman 16-Time CIM Finisher, 4:00 Pace Team Leader, 3:25 Marathoner, 10-Time Ironman Finisher

Judd Van Sickle, Jr. MS UC Davis Sports Medicine - Director of UC Davis Sports Performance Program

2:30 p.m.

Official CIM Pace Team: Panel Discussion

Moderator:

Lee McKinley Pace Team Manager, 12-Time CIM Finisher, 2:58 Marathon PR, 30-Time Marathon Finisher

Leaders:

Tim Twietmeyer 3:35 Pace Team Leader, 32-Time CIM Finisher, 2:36 Marathon PR

Katy Gifford 4:25 Pace Team Leader, 9-Time CIM Finisher, 4:04 Marathon PR

4:00 p.m.

Nutrition and Fueling Seminar

Dr. Kathleen Deegan, RD SRA Sports Dietitian Consultant, UCD and CSUS Professor

SATURDAY, DECEMBER 5

10:00 a.m.

Official CIM Pace Team: Panel Discussion

Moderator:

Lee McKinley Pace Team Manager, 12-Time CIM Finisher, 2:58 Marathon PR, 30-Time Marathon Finisher

Leaders:

Charles Wickersham 3:25 Pace Team Leader, 7-Time CIM Finisher, 2:55 Marathon PR

Julie Fingar 3:40 Pace Team Leader, 7-Time CIM Finisher, 3:11 Marathon PR, 50-Time Marathon Finisher

11:30 a.m.

BOSTON: Producer's Perspective

Jon Dunham Producer of Spirit of the Marathon, Spirit of the Marathon II and BOSTON

1:00 p.m.

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PRESENTED BY UC DAVIS CHILDREN'S HOSPITAL