

SCUSD STRIDE

Sac City Tracks Running to Improve Daily Education



Newsletter - Edition 5
December 2018

SAC CITY KIDS RUN! +

EARLY SUCCESS

We have so much to celebrate with STRIDE in this inaugural trimester! Due to your support, commitment and hard work, SCUSD elementary school student-athletes have logged over **31,000 miles in 3 months!** Congratulations to all of you and to all of your student-athletes!

On behalf of STRIDE and the Sacramento Running Association



LOOKING AHEAD +

HOUSEKEEPING AND SPRING RAMP UP

Use the next week or so before the holiday break to get caught up on logging miles, distributing awards and brainstorming about how you can make STRIDE even more successful on your campus during the second and third trimesters.

Can you add additional running opportunities during the week? Lunch recess, PE, before or after school?

Have you had a chance to conduct a school-wide STRIDE celebration? Maybe a special assembly to highlight the students' efforts or a campus trophy that is passed from class to class each week?

If only a segment of your student body has participated up to this point, is there a way for you to integrate STRIDE into the campus experience for all student-athletes?

Do you feel good about your set-up and process (organizing badges, downloading scans, distributing awards, staffing assistance) or are there things that you can fine-tune? Now is the time!

SPRING TRACK MEET DATES

The dates for the 2019 STRIDE spring track meets available to all 6th graders from participating schools are set! All meets will be from 10:00 am – 12:30 pm.

Titans Division (Burbank) - Wednesday, May 29
Lions Division (CKM) - Thursday, May 30
Wolverines Division (Rosemont) - Friday, May 31

Cougars Division (JFK) - Tuesday, June 4
Warriors #2 Division (West Campus) - Wednesday, June 5 (at Johnson)
Warriors #1 Division (Johnson) - Thursday, June 6

QUESTIONS +

REMEMBER...

We are here to help! Do not be afraid to reach out regarding any STRIDE questions you may have. Contact information is below.

COORDINATOR POSTING AND STIPEND

Any questions regarding the STRIDE coordinator job posting or stipend schedule can be directed to Greg Purcell, SCUSD Athletic Director, at GregPu@scusd.edu.

SOFTWARE, TRACKING, UPLOADING, DATA ISSUES

Please don't ignore your software, tracking, uploading and data issues! Melissa from StrideTrack is extremely responsive, so if you are having an issue, please do not hesitate to email ellen@runsra.org for a forward to Melissa or reach out directly to Melissa at melissahanson@stridetrack.com.

SHIRTS FOR SALE

Some of you have asked about the STRIDE shirts we produced and handed out during the campus events...They are not currently for sale, but if you would like to place an order for some for your campus, please contact Ellen at ellen@runsra.org and we can connect you with the supplier.

YOUR COMMUNITY +

STRIDE Program Page
<https://runsra.org/sra-kids/programs/stride-program/>

Message Board
<http://scusdstride.proboards.com/>

Sacramento Running Association
Ellen Moore
ellen@runsra.org

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Stride Track
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