



Newsletter - Edition 6
March 2019

SCUSD STRIDE

Sac City Tracks Running to Improve Daily Education

CONGRATULATIONS! +

STRIDE Recognized at SRA Hall of Fame and Annual Achievement Awards Banquet

STRIDE was recently recognized at the SRA Hall of Fame and Annual Achievement Awards Banquet. The event, celebrating its seventh year, honors individuals from the past and present who have made significant contributions to the sport of long distance running either through excellence in the sport or significant contributions to the sport. The 2018 Annual Achievement Awards recognize excellence in a variety of divisions ranging from youth runners to 80+ veterans in events ranging from the 800 meters to 100+ milers.

School of the Year - Matsuyama Elementary School

During the fall trimester, student-athletes ran 8,124 miles. 100% of the 532 student-athletes logged laps during the fall with 20% reaching 20 miles or more in under 3 months.

Coordinator of the Year - Tyler Rogers - Crocker/Riverside Elementary School

Crocker/Riverside ran 6,322 miles with 100% participation from their 672 student-athletes during the fall trimester. Coach Rogers was the first coordinator in the district to adopt STRIDE on campus and showed great leadership and commitment to the health and wellness of his students from day one.

Male Student-Athlete of the Year - Finley Kojima-Black - Matsuyama Elementary School

Finley was the top male STRIDE student-athlete during the fall trimester. The 3rd grader logged 54.7 miles in the 3 months STRIDE was available.

Female Student-Athlete of the Year - Kloe Vuong - Peter Burnett Elementary School

Kloe was the top female STRIDE student-athlete during the fall trimester. The 5th grader logged 37.195 miles in two-plus months.

LOOKING AHEAD TO 6TH GRADE TRACK MEETS +

2019 OLYMPIC DAYS

We are currently working on preparations for the spring 6th grade track meets! We may have some shifting of dates due to district bus availability and will have lots of information to pass along in the coming weeks. Here is a list of the things that will be coming your way soon...

- Final date, time, location details
- District bus information
- Field trip form information
- Chaperone information
- Participating school survey to gather student-athlete numbers, shirt sizing, etc.
- Training manual to pass along to PE teachers to prepare for the event on campus (not required but useful if interested)
- Daily schedule of events for meets
- Substitute details if coordinator/chaperone will miss regularly scheduled class time on day of event

Remember: All 6th graders at participating STRIDE schools are welcome to attend the STRIDE Olympic Days!

QUESTIONS/REMINDERS +

ROSTER EDITS

After the initial student-athlete roster upload performed by StrideTrack, you will need to make individual student and group updates within your account. Please refer to pages 4-6 of the StrideTrack Quick Start Guide within the STRIDE Coordinator Operations Manual for step-by-step instructions on how to edit student data.

STRIDE TOKENS

Student-athletes receive 1 green token for every 10 miles completed and 1 gold token for every 100 miles completed. They should also receive 1 chain with their first green token. Each campus was given enough tokens for 13 green and 1 gold per enrolled student. If you choose to reward student-athletes for mileage tracked in an additional or different way, that is totally acceptable, however, the expenses incurred for the alternative reward system are the responsibility of the school.

COORDINATOR POSTING AND STIPEND

Any questions regarding the STRIDE coordinator job posting or stipend schedule can be directed to Greg Purcell, SCUSD Athletic Director, at GregPu@scusd.edu.

REMEMBER...

We are here to help! Do not be afraid to reach out regarding any STRIDE questions you may have. Contact information is below.

YOUR COMMUNITY +

STRIDE Program Page

<https://runsra.org/sra-kids/programs/stride-program/>

Message Board

<http://scusdstride.proboards.com/>

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Stride Track

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