

USATF 10-Mile Masters Championships

Race Date

April 02, 2023

Overall Finish List

10-Mile Masters

Place	Overall	Name	Affiliation	Bib No	Age	Gend	AG Place	-----Total-----		Pace
								Chip Time	Gun Time	
1		Fernando Cabada		126	40	M	1 40-44	49:03.0	49:03.0	4:54/M
2		Malcolm Richards	West Valley Tra	273	40	M	2 40-44	49:39.0	49:40.0	4:58/M
3		Benjamin Payne		255	41	M	3 40-44	51:19.0	51:20.0	5:08/M
4		Kevin Pool	West Valley Tra	258	40	M	4 40-44	51:36.0	51:37.0	5:10/M
5		Chikara Omine	Excelsior Runni	250	40	M	5 40-44	51:49.0	51:50.0	5:11/M
6		Joshua Muxen		247	46	M	1 45-49	52:15.0	52:16.0	5:14/M
7		Jaime Heilpern	HOKA Aggie Runn	190	53	M	1 50-54	54:06.0	54:07.0	5:25/M
8		Jesse Barragan	SRA Elite	109	45	M	2 45-49	54:11.0	54:14.0	5:25/M
9		Ben Koss	West Valley Tra	215	42	M	6 40-44	54:43.0	54:44.0	5:28/M
10		Corey Baxter	SRA Elite	112	40	M	7 40-44	55:06.0	55:10.0	5:31/M
11		Cesar Lira	Excelsior Runni	228	41	M	8 40-44	55:13.0	55:14.0	5:31/M
12		Juan Rivera	West Valley Jog	275	42	M	9 40-44	55:29.0	55:29.0	5:33/M
13		Edward Hill	Strawberry Cany	194	45	M	3 45-49	55:30.0	55:32.0	5:33/M
14		Jonathan Kimura	Excelsior Runni	211	42	M	10 40-44	56:45.0	56:46.0	5:41/M
15		Charles Mullane	West Valley Tra	243	53	M	2 50-54	57:15.0	57:18.0	5:44/M
16		Nat Larson	Greater Springf	220	60	M	1 60-64	57:24.0	57:26.0	5:45/M
17		James Scanlan	Excelsior Runni	286	53	M	3 50-54	57:30.0	57:33.0	5:45/M
18		Paul Smith	SRA Elite	292	45	M	4 45-49	57:41.0	57:42.0	5:46/M
19		Corey Phillis	SRA Elite	256	43	M	11 40-44	58:19.0	58:22.0	5:50/M
20		John Van Danacker	TC Running Comp	304	60	M	2 60-64	58:22.0	58:25.0	5:50/M
21		Darren Morgan	SRA Elite	240	53	M	4 50-54	58:22.0	58:26.0	5:51/M
22		Katie Hynes	Impala Racing T	201	40	F	1 40-44	58:25.0	58:29.0	5:51/M
23		Galen Farris	SRA Elite	160	41	M	12 40-44	58:30.0	58:32.0	5:51/M
24		Jenny Kadavy	HOKA Aggie Runn	209	40	F	2 40-44	59:05.0	59:08.0	5:55/M
25		Jason Lee	Excelsior Runni	225	47	M	5 45-49	59:11.0	59:13.0	5:55/M
26		Cliff Lentz	Excelsior Runni	227	58	M	1 55-59	59:14.0	59:17.0	5:56/M
27		Jesus Muniz	SRA Elite	245	51	M	5 50-54	59:21.0	59:25.0	5:56/M
28		Jorn Jensen	West Valley Jog	204	54	M	6 50-54	1:00:39.0	1:00:41.0	6:04/M
29		Landall Proctor	Oakland Track C	261	41	M	13 40-44	1:00:47.0	1:00:52.0	6:05/M
30		Roger Sayre	Boulder Road Ru	285	65	M	1 65-69	1:01:09.0	1:01:13.0	6:07/M
31		Edward Randolph	West Valley Tra	267	53	M	7 50-54	1:01:17.0	1:01:22.0	6:08/M
32		Jason Reed	Excelsior Runni	270	44	M	14 40-44	1:01:34.0	1:01:37.0	6:10/M
33		Michael Fadling	SRA Elite	158	54	M	8 50-54	1:01:42.0	1:01:44.0	6:10/M
34		Ed Brooks	SRA Elite	123	51	M	9 50-54	1:01:40.0	1:01:45.0	6:10/M
35		Jon Erskine	West Valley Tra	156	52	M	10 50-54	1:01:44.0	1:01:48.0	6:11/M
36		Roger Dix	HOKA Aggie Runn	148	55	M	2 55-59	1:01:50.0	1:01:52.0	6:11/M
37		Michael Gallagher	West Valley Tra	170	41	M	15 40-44	1:02:01.0	1:02:04.0	6:12/M
38		Jenny Hitchings	SRA Elite	196	59	F	1 55-59	1:02:03.0	1:02:05.0	6:12/M
39		Ryan Gilliam	Santa Cruz Trac	175	57	M	3 55-59	1:02:19.0	1:02:23.0	6:14/M
40		Raymond Rodriguez	West Valley Jog	278	61	M	3 60-64	1:02:33.0	1:02:35.0	6:15/M
41		Lester Dragstedt	Atlanta Track C	150	60	M	4 60-64	1:02:50.0	1:02:53.0	6:17/M
42		David Black	Atlanta Track C	119	60	M	5 60-64	1:02:49.0	1:02:53.0	6:17/M
43		Michael Broom	West Valley Tra	124	45	M	6 45-49	1:02:59.0	1:03:02.0	6:18/M
44		Fiona Bayly		114	55	F	2 55-59	1:03:06.0	1:03:09.0	6:19/M
45		Jacqueline Cooke	Impala Racing T	140	44	F	3 40-44	1:03:25.0	1:03:28.0	6:21/M
46		Michael Aguilar	SRA Elite	102	54	M	11 50-54	1:03:31.0	1:03:36.0	6:22/M
47		Barry Farrara	West Valley Jog	159	60	M	6 60-64	1:03:53.0	1:03:55.0	6:23/M
48		Rigo Chavez		133	56	M	4 55-59	1:04:11.0	1:04:12.0	6:25/M
49		Casey Hannan	Atlanta Track C	188	63	M	7 60-64	1:04:20.0	1:04:23.0	6:26/M
50		Douglas Woods	Excelsior Runni	313	53	M	12 50-54	1:04:23.0	1:04:26.0	6:27/M
51		Raymond Sharp		289	63	M	8 60-64	1:04:30.0	1:04:34.0	6:27/M
52		Elizabeth Goya	Impala Racing T	181	48	F	1 45-49	1:04:33.0	1:04:36.0	6:28/M
53		Anne Cushman	SRA Elite	142	45	F	2 45-49	1:04:46.0	1:04:51.0	6:29/M
54		Nakia Baird	Excelsior Runni	107	48	M	7 45-49	1:04:54.0	1:04:58.0	6:30/M
55		Mark Murray	SRA Elite	246	60	M	9 60-64	1:05:39.0	1:05:45.0	6:34/M
56		Simone Angela Winkler	Santa Cruz Trac	312	40	F	4 40-44	1:05:57.0	1:06:01.0	6:36/M
57		Alyson Barrett	West Valley Tra	110	44	F	5 40-44	1:05:58.0	1:06:03.0	6:36/M
58		Bridget Dawes	Sacramento Vall	146	45	F	3 45-49	1:06:02.0	1:06:08.0	6:37/M
59		Eduardo Vazquez	Pamakids	305	50	M	13 50-54	1:06:03.0	1:06:09.0	6:37/M
60		Adam Littke	Excelsior Runni	229	48	M	8 45-49	1:06:24.0	1:06:26.0	6:39/M
61		Celeste Prothro	Impala Racing T	262	43	F	6 40-44	1:06:40.0	1:06:45.0	6:40/M
62		Samantha Forde	Impala Racing T	166	50	F	1 50-54	1:06:40.0	1:06:46.0	6:41/M
63		Georgia Young	Impala Racing T	314	45	F	4 45-49	1:06:58.0	1:07:03.0	6:42/M
64		Sherry Lee	Excelsior Runni	226	41	F	7 40-44	1:07:13.0	1:07:22.0	6:44/M
65		Jack Pottle	Boulder Road Ru	259	68	M	2 65-69	1:07:20.0	1:07:24.0	6:44/M
66		Adam Feerst	Boulder Road Ru	162	63	M	10 60-64	1:07:22.0	1:07:25.0	6:44/M
67		Kirt Iverson	Wolfpack Runnin	203	53	M	14 50-54	1:07:30.0	1:07:37.0	6:46/M

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Place			-----Total-----						
Overall	Name	Affiliation	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
68	Dwayne Spencer	West Valley Jog	296	57	M	5 55-59	1:07:38.0	1:07:42.0	6:46/M
69	KC Taylor	Bowerman Track	301	66	M	3 65-69	1:07:32.0	1:07:43.0	6:46/M
70	Joseph Makonnen	Lake Merritt Jo	232	50	M	15 50-54	1:07:52.0	1:07:56.0	6:48/M
71	Anthony Rodio		276	57	M	6 55-59	1:07:57.0	1:08:01.0	6:48/M
72	Jim Molony	River City Rebe	238	56	M	7 55-59	1:07:54.0	1:08:03.0	6:48/M
73	Matthew Goldstein	Lake Merritt Jo	179	55	M	8 55-59	1:08:01.0	1:08:08.0	6:49/M
74	Michael Hochster	Lake Merritt Jo	197	53	M	16 50-54	1:08:04.0	1:08:11.0	6:49/M
75	Michael Lebold	Jamul Toads	223	65	M	4 65-69	1:08:11.0	1:08:20.0	6:50/M
76	Andrew Ng	Excelsior Runni	249	44	M	16 40-44	1:08:22.0	1:08:27.0	6:51/M
77	Beverley Anderson-Abbs	Buffalo Chips R	104	58	F	3 55-59	1:08:40.0	1:08:48.0	6:53/M
78	Dario Vincent	Excelsior Runni	306	54	M	17 50-54	1:08:52.0	1:08:57.0	6:54/M
79	Arnel Calamba	Excelsior Runni	127	50	M	18 50-54	1:08:53.0	1:08:59.0	6:54/M
80	Chris Jones	Pamakids	205	51	M	19 50-54	1:09:14.0	1:09:19.0	6:56/M
81	Juliet Wahleithner	Impala Racing T	309	45	F	5 45-49	1:09:31.0	1:09:36.0	6:58/M
82	Catherine DuBay	Empire Runners	151	58	F	4 55-59	1:09:40.0	1:09:48.0	6:59/M
83	Michelle La Sala	West Valley Tra	218	42	F	8 40-44	1:10:02.0	1:10:10.0	7:01/M
84	Hronn Gudmundsdottir	Impala Racing T	184	57	F	5 55-59	1:10:13.0	1:10:20.0	7:02/M
85	Douglas Chesnut	Boulder Road Ru	134	70	M	1 70-74	1:10:35.0	1:10:40.0	7:04/M
86	Megan Daly	Impala Racing T	144	44	F	9 40-44	1:10:34.0	1:10:40.0	7:04/M
87	Katherine Debski	Excelsior Runni	147	45	F	6 45-49	1:10:42.0	1:10:56.0	7:06/M
88	Rick Rosenbaum	Lake Merritt Jo	281	59	M	9 55-59	1:10:51.0	1:10:57.0	7:06/M
89	John Borsos	River City Rebe	121	59	M	10 55-59	1:11:16.0	1:11:21.0	7:08/M
90	Lisa Renteria	Wolfpack Runnin	272	44	F	10 40-44	1:11:24.0	1:11:33.0	7:09/M
91	Brian Davis	West Valley Jog	145	67	M	5 65-69	1:11:38.0	1:11:41.0	7:10/M
92	Martin Beene	Lake Merritt Jo	115	61	M	11 60-64	1:11:35.0	1:11:45.0	7:10/M
93	Megan Kossar	Impala Racing T	216	52	F	2 50-54	1:11:40.0	1:11:47.0	7:11/M
94	John Gibson	River City Rebe	173	52	M	20 50-54	1:11:44.0	1:11:52.0	7:11/M
95	Ruben Ramirez	Lake Merritt Jo	266	66	M	6 65-69	1:11:45.0	1:11:55.0	7:11/M
96	Ken Cluff	Lake Merritt Jo	139	61	M	12 60-64	1:11:52.0	1:11:58.0	7:12/M
97	Traci Scherdell	Excelsior Runni	287	40	F	11 40-44	1:12:21.0	1:12:30.0	7:15/M
98	Nancy Eubanks	West Valley Jog	157	45	F	7 45-49	1:12:25.0	1:12:31.0	7:15/M
99	Fiona Mccusker	Pamakids	233	58	F	6 55-59	1:12:31.0	1:12:37.0	7:16/M
100	Allison Orofino	Buffalo Chips R	252	61	F	1 60-64	1:12:51.0	1:13:00.0	7:18/M
101	Kari Rust	West Valley Tra	284	53	F	3 50-54	1:12:54.0	1:13:06.0	7:19/M
102	Jennifer Halkey		187	40	F	12 40-44	1:13:11.0	1:13:19.0	7:20/M
103	Alan Abbs	Buffalo Chips R	101	53	M	21 50-54	1:13:34.0	1:13:44.0	7:22/M
104	Raul Jorcino	Lake Merritt Jo	206	59	M	11 55-59	1:13:42.0	1:13:50.0	7:23/M
105	Demetrio Tepecano	Pamakids	302	57	M	12 55-59	1:13:32.0	1:13:54.0	7:23/M
106	Jinghuan Liu Tervalon		230	40	F	13 40-44	1:13:52.0	1:13:56.0	7:24/M
107	Gerhard Fischer	Buffalo Chips R	163	70	M	2 70-74	1:13:45.0	1:14:00.0	7:24/M
108	Isaac Medrano	Oakland Track C	235	43	M	17 40-44	1:14:12.0	1:14:18.0	7:26/M
109	Cory Benson		117	65	F	1 65-69	1:14:12.0	1:14:26.0	7:27/M
110	Eileen White	Lake Merritt Jo	311	60	F	2 60-64	1:14:28.0	1:14:32.0	7:27/M
111	Stephanie Downey	West Valley Tra	149	44	F	14 40-44	1:14:32.0	1:14:44.0	7:28/M
112	Ken Camet	West Valley Jog	129	61	M	13 60-64	1:14:52.0	1:15:00.0	7:30/M
113	Stella Gibbs	Impala Racing T	172	64	F	3 60-64	1:15:09.0	1:15:16.0	7:32/M
114	David White	River City Rebe	310	64	M	14 60-64	1:15:09.0	1:15:20.0	7:32/M
115	Carlos Hernandez	Pamakids	192	52	M	22 50-54	1:15:32.0	1:15:44.0	7:34/M
116	Francesca Amann	Impala Racing T	103	53	F	4 50-54	1:15:58.0	1:16:06.0	7:37/M
117	Chris Bogan	Pamakids	120	56	M	13 55-59	1:16:11.0	1:16:21.0	7:38/M
118	Gina Edwards	Impala Racing T	155	59	F	7 55-59	1:16:18.0	1:16:25.0	7:38/M
119	Doug Bell	Boulder Road Ru	116	72	M	3 70-74	1:16:53.0	1:16:57.0	7:42/M
120	Ruben Rodriguez	River City Rebe	279	57	M	14 55-59	1:16:52.0	1:17:02.0	7:42/M
121	Shawnessy Dusseau	West Valley Tra	152	41	F	15 40-44	1:16:53.0	1:17:04.0	7:42/M
122	Howard Iseri	River City Rebe	202	63	M	15 60-64	1:17:09.0	1:17:20.0	7:44/M
123	Ted Calvert	Buffalo Chips R	128	60	M	16 60-64	1:17:09.0	1:17:24.0	7:44/M
124	Gary Ostwald	Boulder Road Ru	253	77	M	1 75-79	1:17:31.0	1:17:34.0	7:45/M
125	Kate Stewart	Lake Merritt Jo	298	72	F	1 70-74	1:17:31.0	1:17:37.0	7:46/M
126	Brian Lee	Lake Merritt Jo	224	59	M	15 55-59	1:17:40.0	1:17:46.0	7:47/M
127	Michael Gulli	Pamakids	185	63	M	17 60-64	1:17:49.0	1:17:59.0	7:48/M
128	Efrem Rensi	Lake Merritt Jo	271	51	M	23 50-54	1:18:20.0	1:18:32.0	7:51/M
129	Dave Glass	Atlanta Track C	176	76	M	2 75-79	1:18:43.0	1:18:46.0	7:53/M
130	Len Goldman	Tamalpa Runners	177	78	M	3 75-79	1:19:01.0	1:19:06.0	7:55/M
131	Hiroko Guarnieri	Atlanta Track C	183	47	F	8 45-49	1:19:09.0	1:19:14.0	7:55/M
132	Angela Longworth	Impala Racing T	231	55	F	8 55-59	1:19:46.0	1:19:53.0	7:59/M
133	John Hirschberger	Tamalpa Runners	195	71	M	4 70-74	1:19:55.0	1:19:59.0	8:00/M
134	Ben Mundy	River City Rebe	244	61	M	18 60-64	1:20:17.0	1:20:28.0	8:03/M

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Place		-----Total-----							
Overall	Name	Affiliation	Bib No	Age	Gen	AG Place	Chip Time	Gun Time	Pace
135	Beverly Lamberson	Excelsior Runni	219	40	F	16 40-44	1:20:24.0	1:20:37.0	8:04/M
136	Barbara Jung	Lake Merritt Jo	208	58	F	9 55-59	1:20:54.0	1:20:59.0	8:06/M
137	Robert Navarrete	West Valley Jog	248	66	M	7 65-69	1:21:42.0	1:21:46.0	8:11/M
138	Jim Eckford	Lake Merritt Jo	154	67	M	8 65-69	1:21:52.0	1:22:01.0	8:12/M
139	Eric Kaufman-Cohen		210	62	M	19 60-64	1:22:23.0	1:22:35.0	8:15/M
140	Paul Carlin	Ann Arbor Track	130	77	M	4 75-79	1:22:34.0	1:22:39.0	8:16/M
141	Allen Joyce	Atlanta Track C	207	74	M	5 70-74	1:22:34.0	1:22:43.0	8:16/M
142	Sue VQ Smith	Lake Merritt Jo	293	53	F	5 50-54	1:22:52.0	1:23:04.0	8:18/M
143	Ashley Hazel	Pamakids	189	45	F	9 45-49	1:23:54.0	1:24:05.0	8:24/M
144	Christine Chapon	Lake Merritt Jo	132	64	F	4 60-64	1:24:10.0	1:24:21.0	8:26/M
145	Frank Hutchinson	HOKA Aggie Runn	200	70	M	6 70-74	1:24:48.0	1:24:58.0	8:30/M
146	Dave Latner	Pamakids	221	65	M	9 65-69	1:24:30.0	1:25:03.0	8:30/M
147	Edie Stevenson	Boulder Road Ru	297	73	F	2 70-74	1:25:00.0	1:25:04.0	8:30/M
148	Beth Black	Lake Merritt Jo	118	54	F	6 50-54	1:25:09.0	1:25:18.0	8:32/M
149	Suzanne Bryan	Impala Racing T	125	60	F	5 60-64	1:25:36.0	1:25:45.0	8:34/M
150	Ronald Souza	River City Rebe	295	69	M	10 65-69	1:25:37.0	1:26:01.0	8:36/M
151	Jennifer Redmond	Impala Racing T	269	60	F	6 60-64	1:25:57.0	1:26:03.0	8:36/M
152	Teresa Quan	Impala Racing T	264	61	F	7 60-64	1:25:59.0	1:26:05.0	8:36/M
153	Danielle Herrerias	Tamalpa Runners	193	65	F	2 65-69	1:25:57.0	1:26:10.0	8:37/M
154	Ruth Rainero	Impala Racing T	265	68	F	3 65-69	1:26:13.0	1:26:19.0	8:38/M
155	Jan Frisby	Boulder Road Ru	169	78	M	5 75-79	1:26:09.0	1:26:19.0	8:38/M
156	Dalila Rodriguez	West Valley Jog	277	52	F	7 50-54	1:26:32.0	1:26:40.0	8:40/M
157	Jo Anne Rowland	Impala Racing T	283	75	F	1 75-79	1:26:43.0	1:26:50.0	8:41/M
158	Angela Knotts	West Valley Tra	213	42	F	17 40-44	1:27:13.0	1:27:26.0	8:45/M
159	Debra Cramer	Lake Merritt Jo	141	65	F	4 65-69	1:28:23.0	1:28:31.0	8:51/M
160	Jerry Learned	Atlanta Track C	222	74	M	7 70-74	1:28:53.0	1:28:57.0	8:54/M
161	Lisa Travaglini	Impala Racing T	303	62	F	8 60-64	1:29:32.0	1:29:39.0	8:58/M
162	Irene Suzuki	Impala Racing T	300	60	F	9 60-64	1:30:11.0	1:30:19.0	9:02/M
163	Kevin Cimini	River City Rebe	137	62	M	20 60-64	1:30:10.0	1:30:20.0	9:02/M
164	James Morris	Tamalpa Runners	241	73	M	8 70-74	1:30:37.0	1:30:56.0	9:06/M
165	Gene French	Tamalpa Runners	168	76	M	6 75-79	1:31:29.0	1:31:38.0	9:10/M
166	Glenn Kishi	West Valley Jog	212	61	M	21 60-64	1:31:31.0	1:31:40.0	9:10/M
167	Geoff Bradley	West Valley Jog	122	53	M	24 50-54	1:31:43.0	1:31:45.0	9:10/M
168	Sonia Ayala-Fortiche		106	58	F	10 55-59	1:31:55.0	1:32:02.0	9:12/M
169	Terri Rourke	Impala Racing T	282	72	F	3 70-74	1:34:24.0	1:34:32.0	9:27/M
170	Barbara McQuinn	Lake Merritt Jo	234	66	F	5 65-69	1:34:47.0	1:34:57.0	9:30/M
171	James Flanigan	Tamalpa Runners	165	73	M	9 70-74	1:34:51.0	1:35:02.0	9:30/M
172	Irene Herman	Impala Racing T	191	73	F	4 70-74	1:34:56.0	1:35:03.0	9:30/M
173	Susan Kreusch	Tamalpa Runners	217	60	F	10 60-64	1:36:05.0	1:36:18.0	9:38/M
174	Bob Fredenburg	Buffalo Chips R	167	70	M	10 70-74	1:36:42.0	1:37:04.0	9:42/M
175	Tom Cutter		143	62	M	22 60-64	1:37:29.0	1:37:41.0	9:46/M
176	Berta Chicas	Pamakids	135	45	F	10 45-49	1:38:26.0	1:38:38.0	9:52/M
177	Kerry Koller	Impala Racing T	214	64	F	11 60-64	1:38:37.0	1:38:44.0	9:52/M
178	Donna Chan	Impala Racing T	131	72	F	5 70-74	1:39:36.0	1:39:43.0	9:58/M
179	Julios Ratti		268	72	M	11 70-74	1:41:25.0	1:42:03.0	10:12/M
180	James Metts	Florida Track C	237	81	M	1 80-84	1:46:45.0	1:46:53.0	10:41/M
181	Karen Andrews	Lake Merritt Jo	105	63	F	12 60-64	1:47:42.0	1:47:53.0	10:47/M
182	Fred Volk		307	67	M	11 65-69	1:50:26.0	1:50:39.0	11:04/M
183	Robert Schmitt	West Valley Jog	288	81	M	2 80-84	1:50:45.0	1:50:47.0	11:05/M
184	Barbara Rinker	Buffalo Chips R	274	76	F	2 75-79	1:52:55.0	1:53:10.0	11:19/M
185	Susan Chin	Lake Merritt Jo	136	56	F	11 55-59	1:57:47.0	1:58:00.0	11:48/M
186	Carolyn Slavich	Buffalo Chips R	291	81	F	1 80-84	2:07:12.0	2:07:28.0	12:45/M
187	Ana Grijalvo	Excelsior Runni	182	46	F	11 45-49	1:47:29.0	2:10:01.0	13:00/M
188	Kat Powell	Pamakids	260	72	F	6 70-74	2:22:13.0	2:22:32.0	14:15/M
189	Joyce Hodges-Hite	Atlanta Track C	198	85	F	1 85-89	2:44:38.0	2:44:51.0	16:29/M